

Inova Joint Replacement Program
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Suffering from Hip, Knee or Shoulder Pain?

Chronic joint pain can be debilitating. Many who suffer from chronic joint pain find completing simple self-care tasks - such as combing your hair, getting out of a chair, or putting on socks and shoes - to be difficult. It can prevent you from enjoying leisure activities or leaving your home and often times can lead to immobility.

The U.S. Census Bureau reports more than one million people undergo a total joint replacement annually – with the number projected to grow significantly to 4 million people over the next 15 years.

The Inova Joint Replacement Program utilizes a multi-disciplinary approach to assess and care for patients undergoing total joint replacements in a coordinated, comprehensive way. Our team specializes in physical therapy, occupational therapy, case management, and surgery. Inova Loudoun Hospital treats hundreds of orthopedic patients each year.

Treatment Options in Your Backyard

Loudoun County is home to a number of Inova specialists, imaging centers, and physical therapy centers. We provide high quality, convenient care right in your backyard.

Outpatient Rehabilitation – Physical and Occupational Therapy

Our rehabilitation specialists help patients reclaim independent, active lives after an accident, injury or illness. Physical therapy aims to increase mobility and function. Occupational therapy focuses on helping patients to perform meaningful daily activities to live as independently as possible.

Physical Medicine and Rehabilitation

Our team of board certified physiatrists focuses on non-surgical, conservative treatments and function. They are trained to diagnose, treat and lead comprehensive treatment plans.

Surgery

Inova Loudoun Hospital is a Joint Commission Center of Excellence in Hip & Knee Surgery and home to an expert team of highly trained orthopedic surgeons. We offer total and partial knee replacements, total hip replacements and total shoulder replacements – both standard and reverse approaches.



For partial knee replacements, our surgeons have access to Stryker's MAKO robotic-arm assisted technology, allowing them to create a 3D image of the joint that will guide their technique to ensure accuracy and the fit of the partial knee component.

In addition to offering the most current diagnostic and treatment options available, each surgical team member completes outlined standards to ensure patient safety and superior care.

Primary Candidates For Surgery

- Patients with chronic pain who have not responded to other conservative therapies.
- Patients who suffer from acute pain that interferes with self-care, walking, exercise, leisure, or work-related activities.

For more information, please call 703.858.8220 or visit www.inova.org/LoudounJoints